

Moos, News, and Reviews

Moos:

In the year 1950, the average dairy cow produced about 5,000 pounds of milk each year. Today, the average cow now produces 18,000 pounds of milk per year. How is this possible? The answer may be due to the use of animal steroids and hormones! A percentage of American cattle are administered anabolic steroids and growth hormones, such as testosterone, estrogen, and progesterin to “beef” them up and increase milk production.

News:

A recent study published in the Journal of Alzheimer’s Disease found that drinking coffee can lower your risk of getting Alzheimer’s by 60 to 65%. The good news is that the benefits were the same for both decaf and regular coffee. A separate study by the National Cancer Center in Tokyo found that drinking two cups of coffee per day may also help prevent liver cancer.

Reviews:

Did you know that many deodorants, baby products, lotions, and cosmetics contain chemicals that can potentially cause allergic contact dermatitis (rash, skin lesions, swelling, itching, and/or redness). A popular new line of all-natural beauty products by the national coalition “Teens Turning Green” has made a stand against potentially harmful chemicals. “The campaign focuses on the daily chemical exposures in our schools and communities that harm our health.” Their line of personal care products can be purchased at health stores, such as Whole Foods, or online at www.TeensTurningGreen.org.